

Get to  
Know Us!

# Three Principles of Pro-Choice Catholicism

## 1. Conscience

Catholic doctrine has long taught that each person's **individual conscience** has the final say in all **moral decision-making**. As the *Catechism of the Catholic Church* (para. 1778) states, "*In all [one] says and does, [one] is obliged to follow faithfully what [one] knows to be just and right.*"

## 2. Social Justice

We believe that to deny someone reproductive care is to disregard their basic human rights.

Abortion bans and restrictions disproportionately **harm the poor, the vulnerable, and the marginalized** — the very people our faith calls us to prioritize.

## 3. Religious Freedom

As Catholics, we believe that one religious group's beliefs should never be **codified into law**. Religious freedom guarantees **our right to practice our religion** and also to **be free of the religious beliefs of others**.



If you are pro-choice and Catholic, you are not alone.

Our faith abounds in wisdom about **equality, justice, and dignity** — for those who have the **courage to seek it**.

Join our community  
of pro-choice Catholics  
and co-conspirators.

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CATHOLICS  
FOR  
CHOICE



Basilica of the National Shrine of  
the Immaculate Conception,  
Washington, D.C.



## Our Mission

Catholics for Choice — which serves the pro-choice Catholic majority — **encounters, educates, and emboldens people of faith who support reproductive freedom.**

Since 1973, we've proudly declared that **healthcare is a human right** — and that includes access to abortion.

## Our Issues

- Abortion Access
- Catholic Healthcare
- Gender Equality
- LGBTQIA+ Rights
- Religious Freedom
- Contraception
- Spiritual Harm in the Catholic Church

# What We Do

## Organizing

We **develop pro-choice Catholic leaders** through skill-building opportunities to take meaningful action in their communities.

## Storytelling

We **embolden the silent majority** of pro-choice Catholics, former Catholics, and anyone affected by the anti-abortion lobby to share their stories.

## Trainings

We **conduct educational workshops** on how to talk to people of faith about abortion and offer values clarification workshops to **help people discern their own beliefs.**

## Research and Message Development

We **provide guidance** to clinics, church groups, and pro-choice organizations about church teachings and data on Catholic public opinion.

## International Collaboration

We **partner with people around the world** who are also fighting religious overreach into sexual and reproductive health and rights.

## The Overreach Monitor

We expose the **political influence of Catholic anti-choice players** through our Substack.

## Publications

We **publish fact-based** brochures, affirming resources for Catholics who choose abortion, and *Conscience: The Magazine of Religious & Reproductive Freedom*.

## The Truth about Catholics and Abortion

**8%**

of Catholics agree with church teaching that **abortion should be banned** in all cases

**1 IN 4**

abortion patients **identify as Catholic**

**63%**

of Catholics **think abortion should be legal** in all or most cases

Sources: Guttmacher 2020 and PRRI 2023

St. Peter's Basilica, The Vatican

