



ST. BRIGID, PRAY FOR US

St. Brigid, patron saint of fertility and children, performed a miracle — she caused a pregnancy to vanish. She shows us that abortion is a part of life.

You were a woman of peace.

**You brought harmony
where there was conflict.**

**You brought light to the darkness.
You brought hope to the downcast.**

**May the mantle of your peace cover
those who are troubled and anxious,
and may peace be firmly rooted in our
hearts and in our world.**

**Inspire us to act justly and
to reverence all God has made.**

**Brigid, you were a voice for
the wounded and the weary.
Strengthen what is weak within us.**

**Calm us into a quietness
that heals and listens.**

**May we grow each day into greater
wholeness in mind, body, and spirit.**

Amen.



ST. HILDEGARD

ST. HILDEGARD OF BINGEN, PRAY FOR US

St. Hildegard is one of the few theologians honored as a Doctor of the Church — a title given to saints who made major contributions to church teaching. In her medical texts, St. Hildegard wrote about herbal abortions, recommending bathing in tansy to restart menstruation and describing asarum's lifesaving utility for ending dangerous pregnancies. Her legacy shows that the church can and should trust women for theological and scientific knowledge.

St. Hildegard's hymn "O Ignis Spiritus" reminds us that God provides all green things — including the plants we use to end pregnancies.

O IGNIS SPIRITUS

O fire of the Holy Spirit

The life of every created life

Holy are you — giving life to all
forms...

From you, the clouds flow,

The wind flies,

The stones store their moisture,

The riverwaters spring forth,

And the earth's greenness exudes.